

RAVENSDALE JUNIOR SCHOOL –

WEEK 1

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
07/09/26	<u>MEAT</u>	Sweet and Sour Chicken Bites Noodles Peas & Sweetcorn	Bacon and Mozzarella Wrap Pasta Sweetcorn Mixed Salad	Beef Lasagne Garlic Bread Sweetcorn Mixed Salad	Roast Chicken Stuffing Roast Potatoes Mixed Vegetables Gravy	Bacon Omelette Chips Baked Beans Mushy Peas
28/09/26						
19/10/26						
	<u>FISH</u>	Tuna Baguette Peas Sweetcorn Noodles	Jacket Potato with Tuna/Cheese Sweetcorn Mixed Salad	Vegetable Lasagne Garlic Bread Sweetcorn Mixed Salad	Salmon Nuggets Stuffing Roast Potatoes Mixed Vegetables Gravy	Fishwich Chips Baked Beans Mushy Peas
	<u>VEG</u>	Vegetable Spring Rolls Noodles Peas Sweetcorn	Mozzarella Wrap Pasta Sweetcorn Mixed Salad	Cheese Pizza Jacket Wedges Sweetcorn Mixed Salad	Veggie Roast Stuffing Roast Potatoes Mixed Vegetables Gravy	Quorn Sausages Chips Baked Beans Mushy Peas
	<u>DES.</u>	Vanilla Ice Cream	Flapjack with Fruit	Ice Chocolate Cake	Jelly and Cream	Assorted Desserts

Available every day: salad bar; bread; fruit platter and a choice of juice or milk

RAVENSDALE JUNIOR SCHOOL

WEEK 2

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
14/09/26 05/10/26	<u>MEAT</u>	Cheese and Bacon Pizza Pasta Mixed Salad Sweetcorn	Oven Baked Sausages Mashed Potato Peas Cauliflower Gravy	Chilli Con Carne Rice Sweetcorn Peas	Roast Pork Apple Sauces Roast Potatoes Mixed Vegetables Gravy	Chicken Burger Chips Baked Beans Mushy Peas
	<u>FISH</u>	Tuna Pizza Pasta Mixed Salad Sweetcorn	Fish Fingers Mashed Potato Peas Cauliflower Gravy	Tuna Wrap Rice Sweetcorn Peas	Breaded Fish Cake Roast Potatoes Mixed Vegetables Parsley Sauce	Fish Stars Chips Baked Beans Mushy Peas
	<u>VEG</u>	Jacket Potato with Cheese Mixed Salad Sweetcorn	Cheese Pasties Mashed Potato Peas Cauliflower Gravy	Vegetable Fingers Rice Sweetcorn Peas	Quorn Sausages Roast Potatoes Mixed Vegetables Gravy	Cheese and Onion Quiche Chips Baked Beans Mushy Peas
	<u>DES.</u>	Jam/Sugar Doughnuts	Rosalie Cookie	Vanilla Ice Cream, Banana & Choc Sauce	Chocolate Orange Sponge	Assorted Desserts

Available every day: salad bar; bread; fruit platter and a choice of juice or milk

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WEEK 3

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
21/09/26	<u>MEAT</u>	Breaded Chicken Goujons Wrap Pasta Peas and Sweetcorn	Gammon and Pineapple Wedges Baked Beans Sweetcorn	Chicken Curry Rice Naan Sweetcorn Peas	Roast Beef Yorkshire Pudding Mixed Vegetables Gravy	Sausage Roll Chips Baked Beans Mushy Peas
12/10/26	<u>FISH</u>	Salmon Wrap Pasta Sweetcorn Coleslaw	Tuna Scrolls Wedges Baked Beans Sweetcorn	Tuna Pizza Rice Sweetcorn Peas	Salmon Fish Fingers Roast Potatoes Mixed Vegetables	Mini Fish in Crumbs Chips Baked Beans Mushy Peas
	<u>VEG</u>	Jacket Potato with Cheese Sweetcorn Coleslaw	Cheese Scrolls Wedges Baked Beans Sweetcorn	Vegetable Samosa Rice Sweetcorn Pease	Vegetable and Cheese Bake Roast Potatoes Mixed Vegetables	Quorn Dippers Chips Baked Beans Mushy Peas
	<u>DES.</u>	Frozen Yoghurts	Plain or Cherry Shortbread	Cupcakes	Jam and Cream Scone	Assorted Puddings

Available every day: salad bar; bread; fruit platter and a choice of juice or milk